

Minutes of: YOUTH CABINET

Date of Meeting: 12 February 2018

Present: Councillors J Kelly and O Kersh

Also in attendance: Aaliyah Akhtar
Joshua Allen
Sarah Baig
Matthew Gaff
Caitlin Hartley
Molly Healy
Emily Keeley
Usman Khan
Bethanie Mortenson
Victoria Ouomble
Sean Parsons
Clarissa Potts
Harriet Potts
Jack Sloan
Michael Thornton
Emily Wilson

Public Attendance: No members of the public were present at the meeting.

Apologies for Absence: Councillor R. Cathcart

YC.2 DECLARATIONS OF INTEREST

There were no Declarations of Interest made at the meeting.

YC.3 MINUTES OF THE LAST MEETING

The minutes of the meeting held on 7th December 2018 were approved as a correct record and signed by the chair.

YC.4 MATTERS ARISING

There were no matters arising.

YC.5 DR ANNE WHITTINGTON - PUBLIC HEALTH REPORT

Dr Anne Whittington, Public Health Registrar, attended the meeting to gather some thoughts from the members of health and wellbeing in Bury.

Dr Whittington reported that the annual public health report would this year be focused around children and young people. Anne asked if she could ask the young people about their experiences of Health and Wellbeing within the borough.

Following this, Dr Whittington asked the young members a series of questions in relation to Health and Wellbeing in Bury.

Dr Anne thanked the young people for their thoughts.

YC.6 CURRICULUM FOR LIFE

Beth informed the cabinet that after debates during this year's Youthforia, the main outcome was that young people wanted to be taught a Curriculum for Life within school. This would include topics which can help prepare them for adult life.

Following this, Beth asked the young members what they think should be included within a Curriculum for Life.

The Youth Cabinet split up into groups and discussed ideas for what they think should be taught within schools.

After discussion, some topics which the young members would like to learn about were:

- ❖ Employment preparation; building a CV, interview training, and where to look for jobs
- ❖ Help with applying for colleges and universities
- ❖ Business studies; how to get mortgages/loans, differences between credit and debit cards
- ❖ Sex Education for older years so the discussion is more relevant and veering away from just heterosexual education
- ❖ Greater education of mental health
- ❖ Self-care; how young people can look after their selves

In regards to mental health, Beth asked the cabinet what they think could be done to improve awareness of it within schools.

Some suggestions to improve the teaching of Mental Health were:

- ❖ More informal and open discussions between teachers and students
- ❖ Teachers should have more training so their understanding of mental health is greater
- ❖ Better health support within the schools; school nurses

Adele informed the group that mental health education was not on the Curriculum for Life campaigns, but it was a possibility that another separate campaign could be ran.

Young members stressed their dissatisfaction at current PHSE within their schools

Members were asked if they had any ideas upon how to form a campaign for Curriculum for Life. Suggestions included;

- ❖ More communication between schools
- ❖ Teachers allowed freedom within Curriculum for Life lesson, to ensure they are passionate and care about the subjects discussed
- ❖ PHSE/Curriculum for Life taught within the later school years

Adele informed the group of a new meeting which was formed to discuss the curriculum for life and how it can be implemented. The meeting would be held on a weekly basis at Kershaw House, and members were informed that anyone who would like to be involved in the campaign would be allowed to attend.

YC.7 HOODIE UPDATE

Lisa provided an update on the Youth Cabinet Hoodies. It was reported that if any young person has attended 6 Youth Cabinet meetings, they would receive a special youth cabinet hoodies.

Lisa informed the group that Harriet and Bethany had both been to six meetings, and would receive their hoodie at the next.

Adele informed the cabinet that attendance at the newly formed Curriculum for Life meetings would be included in the total meetings for a Youth Cabinet Hoodies.

YC.8 THE BIG DEBATE

The members debated whether or not there should be a curriculum for life taught within a school syllabus.

Following a vote, it was decided that a Curriculum for Life should be taught in schools.

YC.9 ANY OTHER BUSINESS

There was no other business reported.

**COUNCILLOR
Chair**

(Note: The meeting started at 5pm and ended at 7pm)